

Introduction

About this Cookbook

Congratulations! You now own a portable, powerful cooking reference that you can take anywhere. This electronic cookbook can help you find recipes in a number of easy ways you can't execute by using a printed book. With your electronic cookbook you can

- search for recipes by their ingredients, category or name;
- find nutrition information on each recipe;
- read special helps such as *Freezer and Refrigerator Storage*, or *Substitutions for Emergencies*;
- highlight words in text to search;
- place your own notes as bookmarks; and
- go directly to a cross-reference and back.

It's as simple as typing words and then pressing the appropriate function keys.

Contents

Key Guide	Function Keys	4
	Direction Keys.....	5
	Other Keys	5
Getting Started	Installing the Batteries	6
	Turning the Product On	6
	Disabling the Demonstration	7
	Changing Settings	8
	Tips for Beginners	9
Using the Cookbook	Searching by Name	10
	Searching by Ingredients.....	11
	Adding More Ingredients	12
	Text Search Tips	14
	Searching by Category	15
	Finding Nutrition Information	16
	Viewing Special Helps	17
	Using the Index	18
	Highlighting Search Words	19
	Reading Footnotes and Cross-References	20

Contents

Using Notes	Placing Notes	21
	Viewing Notes	22
	Removing Notes	22
Appendixes	Specifications	23
	Product Care	23
	FCC Notice	23
	Copyrights, Patents, and ISBN	23
	Limited Warranty	24
	Index	25

About the Screen shots Some screen shots in this User's Manual may vary slightly from what you see on screen. These variations do not mean that your electronic reference is malfunctioning.






Key Guide

Function Keys





- CLEAR** Clears to the default state.
- MENU** Shows the menus.
- NUTR** Shows nutrition information for a recipe.
- LIST** Shows the note list.
- INGR** Shows the entry screen.
- NEXT** Shows the next match.
- PREV** Shows the previous match.
- ON/OFF** Turns the product on or off.
- ENTER** Selects a menu item or makes an entry.

Key Guide

Direction Keys

-  BACK Backs up a step or erases a letter.
-  Move in the indicated direction.
-  DN Pages down. (At empty entry screen, lightens the screen contrast.)
-  UP Pages up. (At empty entry screen, darkens the screen contrast.)
-  SPACE Pages down.

Other Keys

-  ? Shows a complete menu item at menus, or shows the outline location of text.
-  * Stands for a series of missing letters.
-  HELP Shows a help message.
-  ' Types an apostrophe.

Getting Started

Installing the Batteries

This product requires two CR2032, 3-volt batteries. If the batteries are not already installed, here is how to install them.

- 1. Turn the product over.**
- 2. Place your thumbs on the arrow.**
- 3. Slide the battery cover off.**
- 4. Install the batteries with their plus signs facing you.**
- 5. Replace the cover.**

Turning the Product On

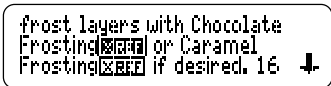
The first time you use this product, a brief demonstration appears automatically. You may also want to adjust the screen contrast. NOTE: You can only adjust the screen contrast this way if the entry screen is empty.

- 1. Press ON/OFF.**
- 2. Press CLEAR to stop the demo.**
- 3. If needed, press UP or DN to adjust the screen contrast.**

Getting Started

Disabling the Demonstration You probably do not want to view the demonstration every time you turn this product on. Here is how to disable it.

1. If not at the menus, press **MENU**.
2. Press the arrow keys to highlight the **Misc** menu.
3. Highlight *Disable Demo*.



4. Press **ENTER**.

✓ Follow the Arrows

The flashing arrows at the right of the screen show which arrow keys you can press.

✓ Help is at Hand

At virtually any screen, you can view an appropriate help message by pressing **HELP**. To read the message, use the direction keys. To exit help, press **BACK**.

Getting Started

Changing Settings

Using the Misc (Miscellaneous) menu, you can change the type size, the default state, the shutoff time, and the screen contrast.

The default state is the display that appears when you press CLEAR. The shutoff time is how long the product stays on if you forget to turn it off.

1. If not at the menus, press **MENU**.
2. Highlight the Misc menu.



3. Highlight *Set Type Size, Set Default State, Set Shutoff, or Set Contrast*.
4. Press **ENTER**.
5. Highlight a setting.
6. Press **ENTER** to select it.

Getting Started

Tips for Beginners

Viewing Full Menu Items

Some recipe names and other menu items are followed by ellipses because they are too long to fit on one line.

At any highlighted menu item, press **(?)** to view the complete item.



Where In the Book Am I?

To find out where you are in the cook-book outline, press **(?)** while in text.



When you press **(?)** in text, you do not go to the outline itself, but rather to a snapshot of your outline location. Press **BACK** to return to text.

Using the Cookbook

Searching by Name

To find a recipe, simply type its name at the entry screen. Some names are common ones such as *roast beef*, but others are more specific and you will need to remember at least part of the title to find the recipe.

1. Press **INGR.**

2. Type the name of a recipe (e.g., *chili con carne*).

To erase a letter, press **BACK**.

3. Press **ENTER**.



The matches appear.

4. Press **ENTER** to select a highlighted match.

Boxes mark your search words.

5. Press **↓** or **SPACE** to read.

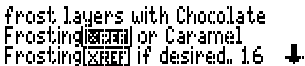
6. Press **CLEAR** when done.

Using the Cookbook

Searching by Ingredients

This electronic cookbook has a feature that will help you tailor recipes to the ingredients you have on hand. For instance, if you have eggs, cheese, and almonds, enter them to find recipes including all three ingredients.

1. Press **INGR**.
2. Type up to three ingredients (e.g., *eggs cheese almonds*).



frost layers with Chocolate
Frosting [X] or Caramel
Frosting [X] if desired. 16 ↓

NOTE: You don't have to type capitals or punctuation.

3. Press **ENTER**.



LOCATION: _____
DESSERTS
LINDY'S CHEESECAKE * ↓

4. Press **ENTER** to view the recipe.

Using the Cookbook

Searching by Ingredients cont.



5. Press \uparrow then \downarrow to read.
6. Press NEXT repeatedly to view the next match.
7. Press CLEAR when done.

✓ Adding More Ingredients

If you want to add ingredients to those you have already entered, first press MENU, then select *Change Search Words* under *Search* and type more ingredients. Then press ENTER to search for all the ingredients.

✓ Choosing Search Words

You can search for almost any word in this cookbook. It need not be an ingredient. If you want to find a recipe that is cooked in a wok, enter *wok* at the search line. You will find nine matches.

✓ Expanding Your Searches

After entering search word(s), you can expand a word search to find more matches.

When you expand a search, you will find your search word(s) first in names, then in text. For example, if you search for *eggs* you will find 50 matches most of which have the word *egg* in the recipe name. Press ENTER to go to the text of a match and press (M) for more. Now there are 248 matches for *egg*. The cookbook has found every place where *egg* appears in the book.

✓ The Clock and Sheaf of Wheat

Some of the recipes have a clock and/or a sheaf of wheat symbol next to their names. The clock means this recipe can be completed in thirty minutes or less. The sheaf of wheat identifies a Betty Crocker heritage recipe, one that has been consistently popular, constantly in demand and featured in a previous edition of *Betty Crocker's Cookbook*.

Using the Cookbook

Text Search Tips

Remaining Matches Are in Index

When you come to the end of a list of matches, you will often see the words *Remaining matches are in Index*. To view these matches, press MENU and highlight the Index menu. The Index now lists only the topics that include your search words. Press ENTER to select a highlighted topic.

If You Misspell a Word

Don't worry. A list of corrections appears.



Highlight a correction, and then press ENTER. Or press BACK to change your search.

If you don't know how to spell a word, type the letters you do know and then type an asterisk at the end. Then press ENTER.

Using the Cookbook

Searching by Category

Another way to find recipes is to use the Contents menu. You'll find categories of foods such as *Appetizers*, *Cookies*, *Meats*, and *Sauces*, to name a few.

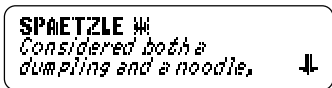
1. Highlight *Recipe Categories* on the Contents menu.



2. Press ENTER to select it.
3. Select a category (e.g., *pasta*).

You can type the category or scroll down to highlight it.

4. Select a recipe (e.g., *spatzle*).



5. Press ↓ or SPACE to read.
6. Press BACK to go back.

Using the Cookbook

Finding Nutrition Information

You can find valuable nutrition information about each recipe listed. Included are the calorie, fat gram, protein counts, and more.

1. Find or select a recipe (e.g., *pesto*).

PESTO
2 cups firmly packed fresh
basil leaves ↓

2. Press **NUTR** while the recipe is in view.

Pesto—Nutrition Info
Servings per recipe: 20.
Calories: 95. ↓

3. Press ↓ or **SPACE** to read.

Protein (grams): 2.
Carbohydrate (grams): 2.
Fat (grams): 9. ↓

4. Press **BACK** or **NUTR** to return to the recipe.

Using the Cookbook

Viewing Special Helps

You will find the answers to many of your cooking questions in *Special Helps*. They contain a wealth of information about anything from *Table Settings and Entertaining* to *Substitutions for Emergencies*.

1. Find or select *Special Helps* from the Contents menu.

The  indicates subtopics.

2. Select a topic (e.g., *microwave cooking*).

3. Select a subtopic (e.g., *safety*).

SAFETY

The microwave is one of the
safest appliances in the



4. Press  or SPACE to read.

5. Press BACK repeatedly to back up.

Using the Cookbook

Using the Index

You can use the Index to quickly find recipes, ingredients, and other topics. Simply type a topic at the Index menu. Usually you need to type only its first few letters.

1. Highlight the Index menu.
2. Start typing a topic (e.g., *beverages*).



3. Press ENTER to select it.



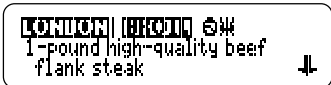
4. Select a subtopic or recipe.
5. Press BACK to back up.

Using the Cookbook

Highlighting Search Words

You can also search for a word by highlighting it in text. You can pick and search for any word except short, common ones such as *the* and *and*.

1. Find or select a recipe (e.g., *london broil*).
2. Press ENTER to start the highlight.



You can press BACK to turn the highlight off.

3. Press the arrow keys to highlight *steak*.
4. Press ENTER to view its first match.
5. Press ENTER to view its recipe or NEXT to view the next match.
6. Press CLEAR when done.

Using the Cookbook

Reading Footnotes and Cross- References

References appear throughout the text. Their places are marked by these symbols.

XREF

cross-reference

FOOT

footnote

Here is how to view them.

1. At text with a **FOOT** or **XREF**, press **ENTER** to start the highlight.
2. Highlight the symbol.

frost layers with Chocolate
Frosting **XREF** or Caramel
Frosting **XREF** if desired. 16 ↓

3. Press **ENTER**.

CHOCOLATE FROSTING

M
1/3 cup margarine or ↓

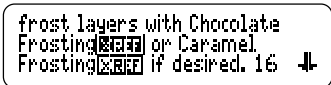
NOTE: **XREF**'s take you to the cross-referenced text.

4. Press **BACK** to return to the text.
5. Press **BACK** again to turn off the highlight.

Using Notes

Placing Notes You can place one note per paragraph. The total number of notes you can place depends upon the length of each note. Your notes are marked in text with a **NOTE**.

1. Press LIST at any text.



2. Press ENTER.



The words in the line are the recipe name or first words of text.

3. Place the note.

- To use the recipe name as the note title, press ENTER when the name is in view.
- To use your own words as the note title, type them and then press ENTER.

Using Notes

Viewing Notes

1. **Press LIST.**
You note list appears.
2. **Highlight a note title.**
You can type the title or scroll to highlight it.
3. **Press ENTER to view its note.**
4. **Press BACK to return to the previous screen.**

Removing Notes

1. **Highlight a `NOTE` in text.**
You can locate `NOTE`'s using your Notes list.
2. **Press LIST.**



3. **Press ENTER to remove the note.**

Appendixes

Specifications (BCC-400)

- More than 1,200 recipes listed
- 3-line, 24 x 127 continuous pixel LCD
- 2 lithium CR2032, 3-volt batteries
- 12 (l) x 1.4 (w) x 8.3 (h) cm. • 3.5 oz with batteries
- automatic shutoff, demo, and resume

Product Care

To clean this product, spray a mild glass cleaner onto a cloth and wipe its surface. Do not spray liquids directly on this product. Do not use or store this product in extreme or prolonged heat, cold, humidity, or other adverse conditions. If you have a problem with this product, refer to the warranty. If you purchased this product outside the United States, contact the place of purchase to obtain warranty or repair information.

FCC Notice

Complies with the limits for a Class B computing device pursuant to Subpart B of Part 156 of FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference; and (2) This device must accept any interference received, including interference that may cause undesired operation.

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European Patent 0 136 379 Patents Pending
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Appendixes

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Index

- * key 14
- Adjusting screen contrast 6
- Asterisk key 14
- Batteries, installing 6
- Calorie count 16
- Change Search Words 12
- Choosing Search Words 12
- Clock symbol 13
- Contrast 6
- Cross-references 20
- Demonstration
 - disabling/enabling 7
 - stopping 6
- Direction keys 5
- Ellipses in menus 9
- Expanding Searches 13
- Fat grams 16
- Finding
 - more 13
 - recipes
 - by categories 15
 - by ingredient 11
 - by name 10
- FOOT symbol 20
- Footnotes 20
- Function keys 4
- Help messages 7
- Highlighting
 - Index entries 18
 - reference symbols 20
 - turning off 20
 - words 19
- Index menu 18
- INGR key 10, 11
- Keys 4
- LIST key 21
- M key 13
- Notes
 - placing 21
 - removing 22
 - viewing 22
- NUTR key 16
- Nutrition info 16
- Patents 23
- Period key 9
- Product care 23
- References 20
- Remaining matches are in Index 14
- Screen contrast 6
- Spelling
 - finding letters 14
 - misspelling 14
- Tips
 - beginner 9
 - text search 14
- Viewing
 - complete menu items 9
 - help messages 7
 - Index menu 18
- Warranty 24
- Wheat symbol 13
- XREF symbol 20



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